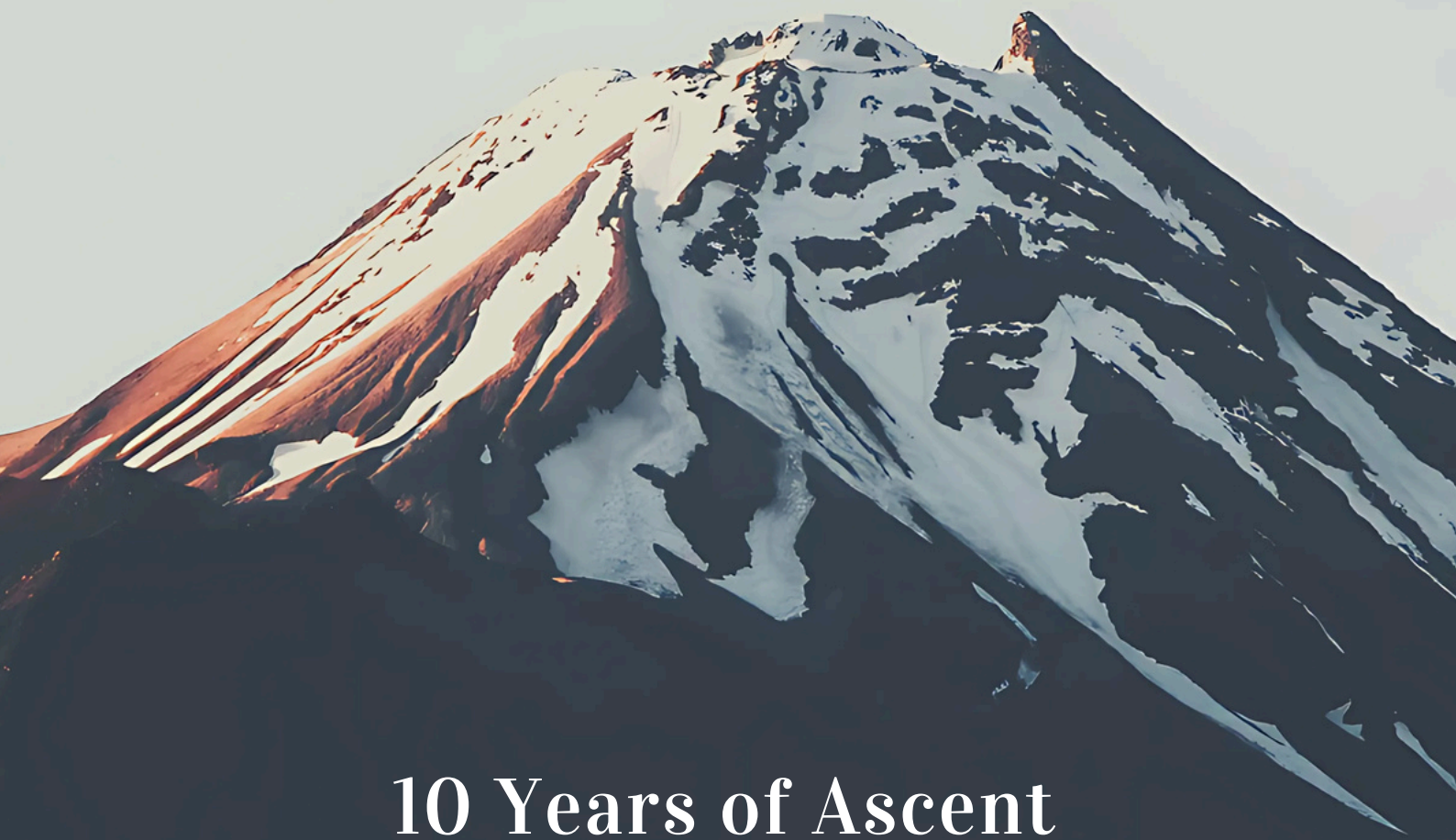


JUBILEE MEMORIAL COLLEGE

VOL. 4, NO. 2 (JULY-AUG 2025)

InFocus



10 Years of Ascent

HONOURING THE PAST, EMBRACING THE FUTURE

MESSAGE FROM THE Principal

Here we are with the first issue of InFocus for this semester. We also welcome new members to the editorial team, whose contributions have shaped this edition. The previous semester was an eventful one, filled with extra-curricular activities, yet our energy and enthusiasm remain strong as we look forward to new opportunities and challenges ahead.



In the weeks ahead, we look forward to celebrating our *Cultural Day* on 26th September. The Department of Economics will also be hosting a one-day National Seminar on 24th October. Towards the end of October, students will begin preparing for the University examinations scheduled for November. Alongside academics, the English Department will resume its FM transmission programmes, featuring song dedications, chat shows, and discussions, adding to the vibrant life of the campus.

The semester promises many more opportunities, and I encourage you all to stay engaged, participate wholeheartedly, and make the most of your time at JMC.

Happy reading!

Dr Intiwati Jamier

Campus Highlights



JMC's 10th Foundation Day

On June 14, 2025, Jubilee Memorial College celebrated its *10th Foundation Day* at Aongza Ki. The programme opened with the JMC Song by the College Choir and an opening prayer by Rev. Temsuwati Kichu of MTBA, followed by a media presentation tracing the college's journey from its 2015 campus in New Market to its present site.

Principal Dr Imtiwati Jamir, reflected on the institution's growth and announced plans for a new academic block at Longkum. Rev. Dr Takatemjen Ao, member of the Board of

Governors, highlighted the foundational role of MTBA Church. Alumni performances and speeches added colour to the occasion, while achievers from the previous semester were felicitated, and *Sapientia 2025* was released by Rev. Dr Moanungsang.

The keynote address by Professor Temjensosang of Nagaland University, Lumami, drew on Talcott Parsons' AGIL framework to stress unity, vision, and moral integrity. The celebration concluded with a fellowship lunch.



Student Induction Programme 2025

On June 30, 2025, Jubilee Memorial College held its *Student Induction Programme*, welcoming first-semester students into the academic and cultural life of the institution. Principal Dr Imtiwati Jamir delivered the keynote, urging students toward disciplined, purposeful growth. Sessions included Dr Sashimatsung on the code of conduct, Ms Chubaienla Imchen on skill and add-on courses, and a digital transactions workshop by Mr John Diengdoh. Ms Imtiwala (Mission Coordinator, MTBA) gave a motivational talk, and Ms Sentipongla Walling (Semester V) shared her experiences. The programme concluded with mentor-mentee consultations, continuing the college's tradition of guidance and support.

Caravan Talkies – Indian Army Connects with Students

On July 14, 2025, Jubilee Memorial College hosted *Caravan Talkies*, an outreach initiative of the Indian Army. Officials highlighted the academic, age, and physical requirements for recruitment, and explained the army's rank system, badges, and their significance. The session also featured interactive activities, with students receiving tokens of appreciation from the army as part of the programme.

Celebrating Excellence – Felicitation Ceremony at JMC



On July 17, 2025, Jubilee Memorial College held a *Felicitation Ceremony* at Aongza Ki to honour 13 students who secured positions within the university's top ten ranks across various disciplines. Organised by the IQAC and sponsored by Mokokchung Town Baptist Church, the event was hosted by Ms Alemjungla Jamir, HoD, Department of History, and opened with an invocation by Mr Yimnayer Aier, Counsellor, JMC.

Principal Dr Imtiwati Jamir and representatives of the MTBA Deacon Board commended the students' efforts and extended blessings. Speaking on behalf of the toppers, Ms Vandana Rai, Rank 1 from the Department of Political Science, expressed gratitude to faculty, peers, and family. The highlight was the formal felicitation by Vice Principal Ms Akumyala and the JMC Alumni Association, with achievers receiving cash prizes and framed certificates.

The programme concluded with God's Word and prayer by Rev. Ponen Longchar, Pastor, MTBA, marking a memorable occasion that celebrated excellence and inspired the student community.

Hospitality Management – Internship at El Dora

On July 25, 2025, six students of the Department of English shared their experiences from a training stay at El Dora Hotel, Kapayong Sector. The programme opened with a welcome by Marmongla, followed by Sentipongla's observations on the hotel's environment, accommodation, and service.

Riya reflected on the transition from being served to serving others, describing it as a valuable lesson in humility and responsibility. She emphasised the importance of practical skills such as clear communication, teamwork, and attention to detail, noting how these experiences prepared students for both professional and personal growth. The presentation concluded with a video montage, underscoring how the training combined hands-on exposure with meaningful learning outcomes.



Staff Development Session with Rev. Dr Takatemjen Ao

On July 19, 2025, the faculty and staff of Jubilee Memorial College attended a session led by JMC Board of Governors member Rev. Dr Takatemjen Ao, who delivered a talk on "*The 5 Practices of Excellent Teachers.*"

He outlined five essentials for effective teaching: Purposeful Planning (setting clear learning objectives), Relational Credibility (building trust with students by balancing authority with relationship), Active Engagement (encouraging discussion and problem-solving), Clear Communication (using accessible language and practical examples), and Reflective Practice (evaluating methods and striving for improvement).

The talk was both practical and inspiring, sparking thoughtful questions and discussion. Rev. Dr Takatemjen Ao closed by reminding everyone that teaching—especially in a Christian context—is a sacred responsibility that shapes lives for eternity.

World Hepatitis Day 2025 – Awareness and Screening

On July 28, 2025, Jubilee Memorial College observed *World Hepatitis Day 2025* under the theme “*Let’s Break It Down*” with an awareness-cum-screening programme in collaboration with the Medical Department, Mokokchung. Hosted by Mr Yimsor Imchen, HoD, Department of Psychology, the event featured Dr Kilangwabang Pongener, Senior Medical Officer, IMDH, who spoke on the causes, prevention, and early detection of Hepatitis B and C. Peer Educator Mr Rongsen Jamir shared a personal testimony, encouraging timely screening and health awareness.

The programme concluded with free hepatitis testing for students and staff, which saw strong participation and reinforced the importance of preventive healthcare in the college community.



Freshers' Social 2025

On July 31, 2025, Jubilee Memorial College hosted its Freshers' Social 2025 at Aongza Ki under the theme “*The Beginning of Becoming*.” The event formally welcomed the new batch of students into the college community. The formal session, anchored by Ms Intijungla Longchar, included prayers, a welcome address, musical performances, and a speech on behalf of the freshers by Ms Akinaro Kichu. *Academic Excellence Awards* were presented, and Principal Dr Intiwati Jamir delivered the exhortation, stressing discipline, responsibility, and growth.

The informal session featured the Ethnic Round, Designer Round, and musical and dance performances, showcasing the creativity and talent of the freshers. The event concluded with the farewell walk of the outgoing titleholders and the crowning of Mr Watilong Aier as Mr Fresher 2025 and Ms Tekanungla as Ms Fresher 2025.



Viksit Bharat Yuva Connect Programme 2025

On August 6, 2025, Jubilee Memorial College hosted the *Viksit Bharat Yuva Connect Programme 2025* under the theme “*Emergency Period in India.*” The event was jointly organised by Nehru Yuva Kendra, National Service Scheme (NSS), and the Department of Political Science, in collaboration with the District Youth Resource & Sports Office, Mokokchung. The programme featured Youth Parliament and Debate competitions, giving students a platform to engage critically with India’s constitutional history and

democratic values.

Special Guest Shri Ajit Kumar Verma, IAS, Deputy Commissioner of Mokokchung, urged students to develop resilience, uphold the Constitution as the nation’s supreme legal document, and value diversity in building unity. Winners of the Youth Parliament included Imlibenla (Semester III), Nikili (Semester I), and Menangniba (Semester III) from the Ruling Party, and Riya Dey (Semester V), Longcha Longkumer (Semester III),

and Wapangtola (Semester III) from the Opposition Party. The Debate winners were Sashikumzuk (Semester III), Imnatola (Semester III), and Sentipongla (Semester V).

The programme was chaired by Ms Chubaienla Imchen, HoD of Economics. Mr Zhopovi Zecho, District Sports Officer, delivered the welcome speech, and the event concluded with a Vote of Thanks by Mr Bendangwabang, HoD of Political Science.

Nasha Mukht Bharat Abhiyaan 5th Anniversary Observed

On August 13, 2025, Jubilee Memorial College observed the 5th anniversary of the *Nasha Mukht Bharat Abhiyaan* with a mass drug-free pledge at 11:00 a.m., as directed by the District Administration. Chaired by Ms Limasenla (Semester V), the programme featured a keynote by Counsellor Mr Imnayanger on the causes and prevention of drug abuse, urging students to resist peer pressure and choose positive company. The pledge, administered by Mr Menangniba (Semester III), reaffirmed the college community’s commitment to a drug-free life.

Audio Archival of Oral History

On August 18, 2025, the Department of History held a presentation on the internship experiences of four students who undertook audio archival of oral histories. As part of the project, they visited Ungma, Mangmetong, Khensa, and Longsa villages to record the life stories of 12 elders, including one aged 109.

Longcha Longkumer, Semester V, emphasised the importance of patience and respect in oral history, while Imtikala reflected on the challenges of communication and the value of attentive listening. The programme concluded with a short interactive session.



Student Council Election 2025

The new Student Council was formed on August 14, 2025, following the annual elections. Comprising 12 members entrusted with specific responsibilities, the Council pledged to serve the student body with dedication and uphold the values of JMC.

Name	Designation	Semester
Bendangsunep Ani	Convenor	V
Sungjemjungla T. Jamir	Co-Convenor	III
Tzuditen Longkumer	General Secretary	III
Sentienla A. Longkumer	Finance Secretary	V
Tiasenla Longkumer	Cultural Secretary	V
Imlipong Jamir	Assistant Cultural Secretary	III
Moanenla L. Ozükum	Literary Secretary	V
Tekanungla	Assistant Literary Secretary	I
Akumtemsu Leo	Sports Secretary	V
Sungrongdi Longchar	Assistant Sports Secretary	I
Tinukumla Longchar	Magazine Secretary	III
Sumita Chetri	Assistant Magazine Secretary	I

Sociology Internship at Well Care

On August 29, 2025, the Department of Sociology presented its internship experience at *Well Care*, Aongza Ward, Mokokchung, conducted from May 26 to June 12, 2025. Guided by three teaching staff and involving eight students, the internship provided opportunities to assist in daily routines, classroom activities, and personal interaction with children with special needs.

Through tasks such as morning greetings, fruit cutting, and basic teaching, interns discovered that kindness, patience, and presence mattered more than expertise. The children's warmth and trust revealed resilience and joy in small achievements, reshaping the interns' understanding of care and empathy.

The programme concluded with a video presentation capturing the experience and a brief question-and-answer session.



Colloquia Series – Episode One

On August 22, 2025, the Department of Sociology organised the first Colloquia Series on “*The Inner Revolution: Personal Growth and Resilience.*” Resource person Ms Moamenla Longkumer, District Mission Coordinator, DHEW Mission Shakti, highlighted resilience and personal growth as foundations of transformation.

The session was moderated by Ms Imnatula (Semester III), with a welcome by Ms Sentienla Longkumer (Semester V), rapporteur notes by Mr Changchuba (Semester III), and a song by Ms Temjentola (Semester III). The event concluded with DHEW Mokokchung distributing health kits to female students and staff and stationery to male participants under the Beti Bachao Beti Padhao scheme.



STUDENT SPOTLIGHTS



IMTIRSEN



At ten years old, surrounded by the riffs of rock and metal, Imtirsan, a Semester III English major at Jubilee Memorial College, first picked up a guitar. His brother taught him simple chords that sparked a lifelong journey. What began as curiosity soon became dedication, with hours of YouTube tutorials and experimentation expanding his skills. His listening broadened into jazz-fusion, funk, and math-rock—genres that continue to shape his creativity and voice.

A defining stage of his growth came through playing in church, where music became both spiritual and communal. Collaborating with other musicians in worship sharpened his technique and deepened his sense of purpose. “I came to love the joy of playing in an environment where music carries both artistic and spiritual meaning,” he reflects.

In December 2024, Imtirsan joined *Sideline*, a rising band that has become his creative home. With shared vision and chemistry, the members blend diverse influences to carve out a unique sound. Since then, *Sideline* has flourished: opening for Girish and The Chronicles at ROCKATRON in Mokokchung (Dec 2024), securing 1st runners-up at Mopungchuket (Jan 2025), reaching the finals of Fusion of the Bands in Dimapur (Feb 2025), and winning Smashfest 3.2 (Aug 2025).

For Imtirsan, being part of *Sideline* has been both inspiring and grounding, pushing him to grow while reminding him why he first fell in love with music. “I’m still learning and evolving,” he shares, “but music will always remain my way of expression.”

To support *Sideline*, click on [Instagram](#) and [YouTube](#) to stay connected with their music.



Sashikumzuk Rongsen Longkumer

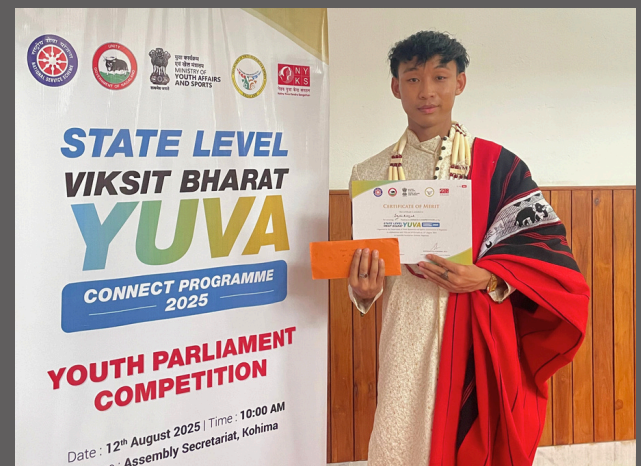
Hailing from Chakpa village, Sashikumzuk Rongsen Longkumer, a Semester III English major at Jubilee Memorial College, has been carving out a dynamic journey of talent, confidence, and vision. For him, the stage has always been a second home—first in church, where he discovered the joy of performance and the confidence that continues to guide him.

At fifteen, he ventured into modelling, receiving mentorship that instilled discipline and growth. Since then, he has earned titles such as Mr Mokokchung 2022 – 2nd Runner-Up (while still in Grade 11), Mr Freshers of JMC 2024, and Mr Ekarikthin 2025 – Runner-Up, reflecting his dedication to excellence.

He has also embraced entrepreneurship with his brand *Mokokchung Jersey*, which has grown steadily over time and now reaches customers across India. Alongside this venture, he has established himself as a skilled host, emcee, and content creator, thriving on the vibrant energy of live events while sharing his experiences and creativity widely on digital platforms.

Looking ahead, Sashikumzuk's vision extends well beyond personal success. His deepest desire is to serve the Lord through ministry, dedicating his talents in speaking, leading, and creating to a higher purpose. For him, every platform—whether on stage, in business, or online—is an opportunity to influence lives for good. “What He has given me, I will use wholeheartedly to honour Him and impact lives for His Kingdom,” he shares.

To follow Sashikumzuk's journey, click on [Instagram](#) to connect with him and explore his work.



Beyond modelling, Sashikumzuk is an accomplished debater and public speaker. In 2025, he won both the District and State-level Debate Championships under the *Viksit Bharat Yuva Connect Programme*, earning the honour of representing Nagaland at the national level in Delhi. For him, words are as powerful as presence on stage—each performance is a chance to inspire and connect.

FACULTY SPOTLIGHTS



Ms Chubaienla Imchen, Assistant Professor, Department of Economics, delivered an invited talk at the international conference “*Global South & Triangular Cooperation: Emerging Facets*”, held on June 3–4, 2025, in New Delhi.

Organised by RIS, FIDC, and DAKSHIN under the aegis of the Ministry of External Affairs, the conference brought together scholars and professionals from across the Global South. Ms. Imchen participated in the “*Solutions Hub II: Engagement with NETRA for Development of North-East*” session, where she shared perspectives on development priorities in Nagaland and the need for inclusive approaches to progress. Her participation reflects JMC’s continuing engagement in regional and national development conversations.



Mr Bendangwabang, Assistant Professor, Department of Political Science, published a research article titled “*Customary Laws in Transition: Indigenous Governance Among the Ao Nagas of Nagaland*” in the *International Journal of Research and Analytical Reviews (IJRAR)*, Volume 12, Issue 2 (June 2025).

DOI: <https://doi.org/10.56975/ijrar.v12i2.316394>

The study examines the evolution of Ao Naga customary laws, showing how British colonial rule introduced new governance systems while preserving indigenous autonomy. It highlights the adaptability of village councils in governance, law enforcement, and conflict resolution, underscoring their continued relevance in contemporary socio-political life.



Mr Intimatsung, Assistant Professor, Department of Political Science, published a research article titled “*The Armed Forces (Special Powers) Act in Nagaland: Constitutional, Legal, and Human Rights Perspectives*” in the *International Journal for Multidisciplinary Research (IJFMR)*, Volume 7, Issue 4 (July–August 2025).

DOI: <https://doi.org/g9whw4>

The paper critically examines AFSPA’s constitutional, legal, and human rights implications through a Nagaland-specific lens, offering an important regional perspective to national debates on security and civil liberties.



Ms Supongsangla Walling, Assistant Professor, Department of Sociology, published two research articles in 2025 on indigenous medicinal knowledge of the Ao Naga community:

- “*Traditional Usages of Indigenous Medicinal Plants of Ao Tribal Nagas of Nagaland*” in the *EPRA International Journal of Multidisciplinary Research (IJMR)*, Volume 11, Issue 5 (May 2025).

DOI: [10.36713/epra2013](https://doi.org/10.36713/epra2013)

The study, based on interviews with local healers, documents how plants such as *Centella asiatica*, *Solanum torvum*, and *Rhus semialata* are used for ailments ranging from wounds and jaundice to tooth decay and dysentery, highlighting the community’s enduring reliance on herbal medicine.

- “*Preserving Indigenous Healing Systems*” in the *International Journal of Research and Analytical Reviews (IJRAR)*, Volume 12, Issue 2 (June 2025).

DOI: [10.56975/ijrar.v12i2.316886](https://doi.org/10.56975/ijrar.v12i2.316886)

This paper examines the preparation and use of medicinal plants for common ailments such as allergies, diabetes, and gastric issues, underscoring their cultural value and the need for preservation and sustainable use alongside modern medicine.



Mr Tongpangchang Sanglir, from the graduating class of 2018 (History Honours), is a proud member of JMC's first batch. After graduation, he cleared the NSSB exam in 2023 and served at the Police Directorate, Kohima, as LDA-cum-Computer Assistant. At the time of this interview, he was awaiting the NPSC Civil Services results; since then, he has been selected and taken up the post of Junior Divisional Accountant (JDA). Here, he reflects on his journey, the challenges of competitive exams, and the lessons learned along the way.

Alumni Spotlight

To begin, briefly introduce yourself and share your journey since graduating from JMC.

Hello, my name is Tongpangchang Sanglir. I was a part of the glorious first batch of the college (2015–2018), and once I graduated, I went to Delhi to take coaching for competitive exams. Life has certainly not been a bed of roses, but through God's grace, I was able to clear the NSSB exam in 2023, and I was posted to the Police Directorate, Kohima. I am also currently awaiting the final results of the NPSC Civil Services exam, hoping to see my name included in the final PDF.

How did you approach preparing for competitive exams? What worked well for you, and what would you do differently in hindsight?

Firstly, respect the exam—it humbles you. Fresh out of college, I honestly thought it would be a breeze, but I was greatly humbled when I actually delved into the competitive examination world.

Secondly, do proper research first. Collect tips and insights from veterans and toppers, and incorporate them into a strategy of your own.

My attention span is less than a fly's, and I cannot study for more than 5–6 hours daily, even during peak exam times. But when I do study, I ensure I put quality into whichever topic I focus on. Also, have a curious mind—Google the topics you're studying. I found this immensely helpful.

In the field of UPSC, we have a saying: "You aim to become a district collector, and not a PDF/book collector." Please keep this in mind. There are countless books and materials available in the market and on different platforms. Be wise. Don't fall into the FOMO trap. Stick to the standard books, and the key to success is REVISION and more REVISION.

I regret wasting much precious time after graduation, being lax and unmotivated, coupled with occasional bouts of laziness. But I can't cry over spilt milk now, and certain events in life made me realise I needed to change my ways and be a serious aspirant. That realisation has truly done wonders.

Lastly, love the journey of being an aspirant. Fall in love with the preparation as a whole—be it buying books, discussing study topics with fellow like-minded aspirants, late-night/early-morning studies, the pain of failure, or the anticipation of results.

Was there a time you felt like giving up? What helped you stay motivated and push through?

Certainly! The number of times I pondered “whether I am meant for this” or “will I ever be successful in such a competitive world?” has been countless. Giving up seemed like the most logical decision, but I never forgot why I started this journey in the first place. That kept me going. A lot was at stake, and I couldn’t be a quitter at any time.

Talking with friends whenever I felt dejected and unmotivated really helped me. I also, oddly enough, found much-needed motivation watching vlogs of people who had succeeded in various competitive exams. Every time I lost motivation, I would watch vlogs about their daily life, their preparation journey, their training, etc. Watching them re-ignited the spark within me, and I would dream of being in their place, thus pushing myself to work harder.

What was the most valuable skill you developed in college that helped you after graduation?

I am really fortunate to have been a part of the college, for it has helped me develop many invaluable life skills. Among the myriad of skills I’ve learnt, the three most notable would be oratory skills, leadership skills, and critical thinking skills.

Was there a mentor or teacher at JMC who influenced your path? How did they impact you?

Every teacher played a huge role in shaping me and helping me become who I am today, and I am extremely grateful for that. A special mention goes to Ma’am Aten (ex-faculty, JMC), for inspiring and motivating me to pursue the civil services dream. Her wisdom and advice played a huge role in clearing away my dilemmas and doubts.

Looking back, what are some of the biggest misconceptions you had about life after college?

“Life gets better and easier after college.” Well, I can

attest that life certainly does not, in fact, get better. Once you graduate, life hits you with so many uncertainties—be it regarding employment, life, or just the future in general. The pressure from expectations, society, etc., is also nerve-wracking. You are suddenly thrown into the extremely competitive and ruthless world, and it’s truly the survival of the fittest.

If you could give current students three small, practical things to start doing now, what would those be?

Firstly, please take good care of your mental health. I cannot stress this enough. Talk with people if you need help. It’s okay not to be okay. Don’t suffer in silence.

Secondly, make a clear-cut career goal if you still haven’t. Do not be aimless after graduation. Be firm in what you want to pursue. Don’t just go with the flow, as many Naga students do, or it will cost you.

Thirdly, if you’re interested in competitive exams, start preparing slowly now. It doesn’t have to be heavy preparation, but having a basic understanding early will put you far ahead when you finally begin your journey as a civil services aspirant.

What does success mean to you today? And how has that definition changed since your college days?

There is a stark contrast between how I see success today and how I perceived it during my college days. Success today means financial stability, being settled in life, giving back to society in different ways, and simply living a happy life. Success during my college days was about getting good grades, winning debates, poetry, and singing competitions. By no means am I downplaying those successes, for the fulfilment and satisfaction are still the same. I would say success has only changed its form. And I know that when I am older, success will again mean something else entirely.

Voices from the Staffroom

Stories, laughter, and lessons from a decade together

This year, as Jubilee Memorial College celebrated its 10th Foundation Day, we invited our faculty to share the moments that have stayed with them. Some are lighthearted, others nostalgic or deeply personal – and a few even come full circle. From makeshift canteens and classroom surprises to staffroom laughter, student legacies, and milestones of growth, these stories remind us that JMC is more than a workplace. It is a family stitched together by memory, humour, and shared purpose.

How a Cupboard Became Our First Canteen

My earliest memories of the college go back to when I joined as the Acting Principal. My “corner office” was far from the faculty room, with only the Office Assistant next door for company. With no staffroom buzz, we created our own corner of warmth – brewing tea in a small kettle, cooking eggs and noodles in an electric cooker. We even invested in a cupboard to store our “supplies” – an unofficial canteen of sorts!

Ten years on, colleagues have come and gone, the college has grown, and that very cupboard now stands in the college kitchen, still storing more than food or utensils – memories.

Ms Akumyala

Department of English (At JMC since 2015)

Teacher Outdated

It happened in April 2023. I was wrapping up the semester, teaching the last unit on population growth, when I confidently told my class: “China is the most populous country in the world.”

Then a student raised a hand: “Ma’am, actually... It’s India now.” I froze. Surely this was a prank? But no – the entire class nodded in agreement. My “latest” data had expired in less than a week!

Trying to save face, I laughed and said, “Well, thank you for updating me. Looks like I need to subscribe to breaking news before stepping into class!” The

class burst into laughter, and I walked away with a valuable reminder: always keep your facts fresh – or your students will do it for you.

Dr Kilangnaro Imchen

*Department of Environmental Studies
(At JMC since 2015)*

Full Circle in the Classroom

Back in our old UCF campus, I once held a class in the basement – a room so dark it depended entirely on electricity. Midway through, the lights went out. Silence. I stood waiting for the current to return, only to realise a few minutes later that the entire class had tiptoed away, thinking I had already abandoned ship! There I was, laughing alone in the dark, outsmarted by my own students.



Years later, the tables turned in the best way possible. A familiar face walked back into JMC, this time not as a student but as my colleague. Watching someone who once sat in my classroom now stand beside me as a teacher was a full circle moment — the kind that makes all the dark classrooms and power cuts worth it.

Mr Mulato Keny

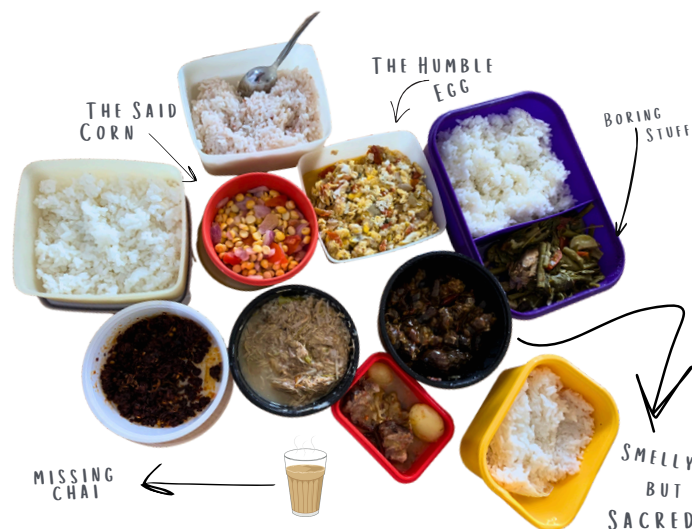
Department of Economics (At JMC since 2015)

Corn, Chai, and Family

It didn't happen at a big event, or during a faculty meeting, or while scrolling through endless emails. The realisation struck me somewhere between a casserole full of corn and my third cup of chai.

It was one of those chaotic in-between-class lunch breaks: some colleagues rushing to finish lectures, others answering student queries, someone searching for that one missing marker. Then Dr. Lima casually said, "Aja chiyongero ni? (Shall we eat?)"

What followed was the most delightfully random potluck. Out came a steaming casserole — not biryani, not noodles, but plain corn. Just corn. Then came the bamboo shoot (because what's life without that earthy aroma?), axone strong enough to clear sinuses, aloo fry — our undisputed king — and, of course, the humble egg. Boiled, fried, curried, it never fails to show up. Honestly, if the world ends tomorrow, I'm convinced eggs will still make it to lunch. And then there's pork — the VIP of our tiffin world. On days when pork doesn't



make it to the table, we all pretend that aloo fry is the hero. "Honestly, who even needs pork? Aloo is the real deal," we say with full conviction... until someone brings pork the next day, and aloo is instantly forgotten.

But the true star is always the chai. Endless cups appear from nowhere, just when we need that extra warmth to survive the day. Between bites and laughter, the conversations flow — classroom stories, random jokes, and everything in between.

That's when it hit me: this wasn't just a workplace, and it wasn't just colleagues sharing lunch. This was family — a slightly eccentric family bound together by corn casseroles, aloo fry, pork debates, and bottomless cups of tea. And honestly, I wouldn't have it any other way.

Ms Molongnenla Pongen

Department of History (At JMC since 2018)

The Blazer Squad

Looking back, we wore our blazers with such pride that students probably thought we were off to an international conference — when in reality, we were just heading to a cosy classroom. Those blazers made us feel serious, dignified, and super official (or so we liked to think!).

But behind the scenes, we were secretly plotting our off-period adventures — some eyeing the thrift shops, others whispering





about a small party, and a few already fixing plans for a faculty outing.

Today, the blazers are long gone, tucked away with the “uniform days.” Yet the laughter, the memories, and the friendships stitched into them remain perfectly tailored to our hearts.

Dr Limakumla

Department of History (At JMC since 2015)

A Decade of Beautiful Chaos

When I first joined, I thought, “Maybe a few years here, then I’ll move on.” Fast forward 10 years, and here I am – older, maybe wiser.

These years have been a blur of lectures, last-minute deadlines, projector-cable mysteries, and WiFi tantrums before every class. From chalk dust to projector screens, we’ve survived it all – with nothing but Sonia’s half egg chop, New Market’s puri sabzi, thrift shopping, staffroom laughs, picnics, outings, countless IQAC and HoD meetings, and colleagues-turned-friends.

On a lighter note, who knew the recipe for peace of mind was hanging herbs = ghost repellent? (If you know, you know.)

Looking back, it’s been 10 years of beautiful chaos, laughter, and learning. Here’s to more years ahead – with sturdier walls, better deadlines, and the same JMC spirit.

Dr L. Merensangla

Department of Sociology (At JMC since 2015)

Guided by Grace, Growing with JMC

Back in 2016, I was teaching at a school in Mokochung town. When JMC announced a vacancy for Political Science, I applied – though I didn’t yet have NET or a PhD. By God’s grace, I was shortlisted, and that single step changed the course of my career.

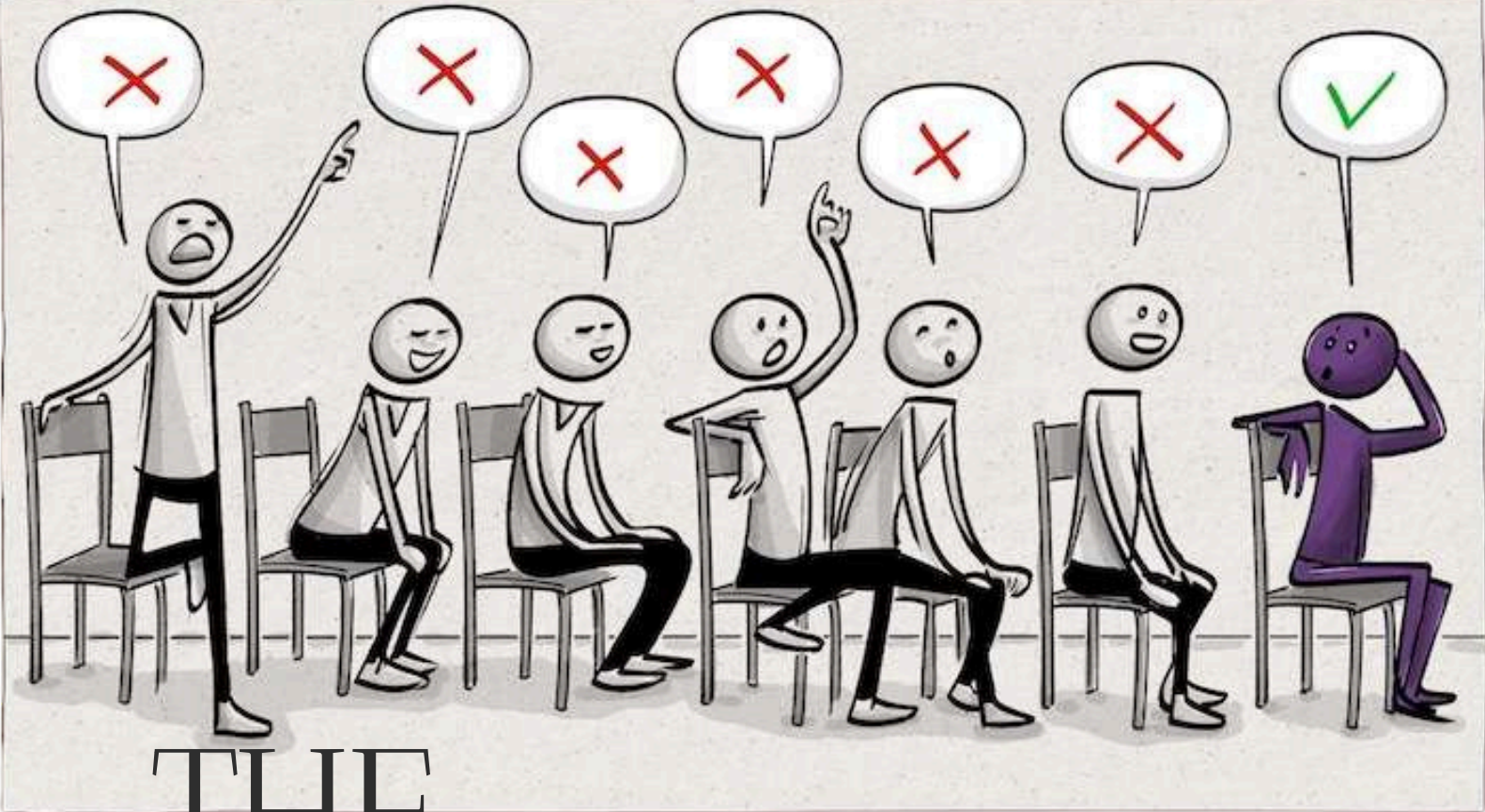
Had I stayed in school teaching, I might never have attempted the NET examination or pursued a PhD. But at JMC, I found the push, encouragement, and support I needed to take those steps. Today, I have cleared NET and am pursuing doctoral studies, milestones I once thought far out of reach.

Looking back, I realise JMC has been more than just a workplace – it has been the place where I grew. Opportunities can change careers, but encouragement changes lives, and JMC has given me both. May this college continue to ascend and shape many more journeys.

Mr Bendangwabang

Department of Political Science (At JMC since 2016)

From cupboards-turned-canteens to staffroom chai, from unexpected lessons to a decade of growth, these voices show the heart of JMC. As we step into the next decade, may we continue to share not only knowledge, but also laughter, stories, and the small moments that make this place home.



THE POWER OF INFLUENCE

Conformity Test Recreated

Have you ever agreed with a group even though you knew they were wrong? That fleeting moment of hesitation between your own judgment and everyone else's is exactly what the Department of Psychology explored by recreating the famous *Conformity Test* at Jubilee Memorial College from September 1 to 3, 2025.

The original experiment, conducted by psychologist Solomon Asch at Swarthmore College in Pennsylvania in 1951, has become one of the most cited studies in social psychology. Asch asked participants to perform a very simple task: compare the lengths of lines and identify which matched in size. Unbeknownst to the real participants, the rest of the group were actors (confederates) instructed to deliberately give wrong answers. The findings were remarkable: about 75% of participants conformed at least once, and across trials, one-third of the answers reflected conformity. In contrast, a control group with no confederates made errors less than 1% of the time — proving it was not the difficulty of the task, but the invisible weight of group pressure that shaped behaviour.

At JMC, students from three local schools — *Jubilee Memorial School*, *Mayangnokcha Government Higher Secondary School*, and *Model Higher Secondary School* — joined the recreation. All participants were volunteers from Classes 11 and 12. They were fully briefed about their rights and gave consent, but the true purpose of the study was withheld until the debriefing to preserve authenticity.

Over the three days, the Department recreated two tasks from the original study: the Shape Identification Task and the Line Judgment Task. Each time, a single participant (labeled Participant A, B, C, or D) was seated among a group of confederates who occasionally gave the wrong answers in unison. This created a clear and sometimes uncomfortable tension between the participant's personal judgment and the group's majority opinion.

The outcomes were as fascinating as they were human. On Day 1, Participant A resisted persuasion with remarkable steadiness, quietly but firmly standing by her answers despite the group's unanimous opposition. On Day 2, Participant B started with the same assurance, but the repeated disagreement from peers chipped away at his confidence. By the end, he confessed that while his eyes saw one thing, the pressure of collective agreement made him second-guess himself.

Day 3 offered two contrasting portraits of influence. Participant C entered nervously and initially copied the group's answers, even when unsure. Yet, over time, he grew bolder, choosing to trust his own perception even if it meant being the lone voice. Participant D, however, remained anxious throughout, consistently echoing the majority. In the debriefing, he admitted he had felt strongly influenced by the group and uncertain about trusting his own instincts.

Together, these stories vividly reflected Asch's central insight: that group pressure is powerful, but it does not shape everyone in the same way. Some resist from the start, some yield, and others waver between the two. By re-enacting this classic experiment, the Department of Psychology transformed a textbook study into a living demonstration of social influence in action.

The exercise not only brought theory to life but also sparked reflection among participants and observers alike. It reminded us that while conformity may feel safe, true growth often comes from independent thinking. In classrooms, friendships, and future workplaces, it is sometimes the courage to stand apart — to say "yes" when everyone else says "no" — that defines real confidence.

Submitted by the Department of Psychology



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